

Available from Wednesday 7th March 2018

In a hurry? Pre order your lunch call x52840 or email: plh-tr.Barfood-DHLC@nhs.net

HOMEMADE SOUP OF THE DAY

Delicious homemade soup served with speciality bread £3.45

Gluten free bread available.

HOMEMADE TART OF THE DAY

Lucia's homemade tart/quiche of the day served with coleslaw and small salad garnish £3.95

Add a full salad or fries for just £1

HEALTHY OPTIONS

Sesame Chicken Salad £4.95 (300 Kcal)

Fresh & health Asian inspired salad

Smoky Bacon & Mushroom Frittata with mixed leaves & Rocket £4.45 (300 Kcal)

Baked Sweet Potato with Peppers & Greens topped with Feta £4.25 (410 Kcal)

SANDWICHES £2.55 each

Chicken, mayo and lettuce (532 Kcal)

Ham and mixed salad (443Kcal)

Tuna mayo (533Kcal)

Grated cheddar and Victorian pickle (632 Kcal)

Cheddar and coleslaw (774 Kcal)

Served on either white or granary bread

LOUNGE FAVOURITES

Fish Finger Sandwich on white or granary £3.65

Chilli Jacket topped with a sprinkling of cheddar & sour cream £4.25

Homemade chicken curry served with rice £4.75 (777 Kcal)

Served with naan bread and mango chutney

Homemade chicken curry served with fries £4.75 (804 Kcal)

Served with naan bread and mango chutney

Traditional ham, egg and fries £5.25 (617 Kcal)

JACKET POTATOES

Cheese and beans (682 Kcal)

Coronation chicken (836 Kcal)

Tuna and mayo (634 Kcal)

Cheese and coleslaw (851 Kcal)

Prawn Marie Rose(638 Kcal)

£3.85 each

Why not try a sweet potato jacket for a change?

TREAT?

Cone of fries £1.65 (353 Kcal)

Cheesy fries £2.35 (554 Kcal)

Cheese and bacon fries £2.95 (618 Kcal)

Lunchtime Walking Club

Every Wednesday 12:40 - 13:10

Meet at Derriford Hospital Main Entrance, Level 6.

T: 01752 792840 / E: tracey.gardner@nhs.net

